



## CAPSTONE

1 Unit - Final Year

### COURSE DESCRIPTION

**Capstone** is an independent study course undertaken in the third year of the certificate program. It provides students the opportunity to deeply explore an area of interest that will further their individual development as teachers. Students meet virtually for monthly support and structured assignments that aid in completion of a final paper, artistic study, and oral presentation that will demonstrate their integrated understanding of the topic.

### COURSE REQUIREMENTS

- [Course registration](#) prior to Jan. 1st of their final year
- Attend monthly Zoom meetings January - June
- Submit project proposal
- Essay - 8-10 page paper detailing your topic and findings
- Prepare 30 minute oral presentation (spoken, not read) for July Capstone gathering, including:
  - In-depth and detailed summary of your topic
  - An experiential aspect for the audience to enter into an area of your topic firsthand
  - An artistic component, (music, eurythmy, movement or visual art), that deepens/expands the understanding of your topic

### CAPSTONE PROPOSAL

Students will submit a proposal to the capstone advisor, using the Capstone Proposal form which will include the topic, reason for choosing, type of research, and what sources will be used. The advisor will review and suggest any necessary changes to ensure compliance with GLWI requirements.

### ESSAY REFLECTING ON CAPSTONE EXPERIENCE

Students will write a 6-8 page (double spaced) paper describing their project and the insights gained, and how this will inform their teaching.

### CAPSTONE REFLECTIONS

During the monthly zoom meetings, students will reflect on the experience of their training and consider the following questions:

- What initially drew you to Waldorf Education and how may this have changed over the course of your training
- What have you learned about yourself over the course of the 3 years?
- What have been your successes?
- Where do you see you still have challenges and how will you address them?
- What inspires you as you go forward?

## Capstone Proposal Form

Name:

What is your proposed topic and/or area of interest?

What is your research question?

Why this topic?

What type of research will you use ( academic journals, action-research, personal interviews)?

What sources will you use?